

When To Plant  
Vegetables can be planted two to three weeks before the frost-free date. Cauliflower can be transplanted. Carrots, mustard, parsnip, beets and radishes can be planted from seed.

Beans, sweet corn, and summer squash can be planted on or after the frost-free date. Beans, sweet corn, and summer squash can be planted from seed. Tomatoes transplants can be planted.

Warm-loving vegetables can be planted one to two weeks after the frost-free date. Warm-loving vegetables need warm temperatures and warm soil before planting. Vining crops like watermelon, cucumbers, pumpkin and cantaloupe can be planted. Pepper, eggplant and sweet potatoes should also be planted.

## What To Plant

Don't go overboard with your seed ordering after viewing all the colorful garden catalogs with their beautiful pictures of veggies or you may be the gardener in your neighborhood trying to give away zucchini. Grow what you want to eat. Choose vegetables that are adapted to your climate. Choose varieties that are resistant to disease and insects. Choose varieties that are resistant to frost damage. Choose varieties that are resistant to drought. Choose varieties that are resistant to frost damage. Choose varieties that are resistant to drought. Choose varieties that are resistant to frost damage. Choose varieties that are resistant to drought.

seeds, remember that hybrids

Choose vegetables that have been evaluated by the University of Vermont. Each year after the evaluation, the University of Vermont releases America Selections indicating the best varieties.

Choose disease-resistant varieties. Disease resistance doesn't mean that the variety is immune to the disease. For more information, see the name in a garden catalog (n).

## Transplants

Vegetables like tomatoes, peppers, cabbage, broccoli, eggplants and collards are planted as transplants. Avoid purchasing transplants that may be carrying diseases by purchasing from local landscape nurseries, greenhouses, etc.