

Shamila K. Lekka, Ph. D.

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EDUCATION

Ph.D. (2012)

Child Mental Health Initiative

Co-Evaluator.

Project assessing the knowledge and skill of pediatricians in identifying child mental health problems.

Statistical Consultant

2008-2009

VNA F.A.C.T. program

RESEARCH INTERESTS

My primary focus is on teaching and although I am not currently involved in research, my principal interest is in identifying factors that contribute to psychological, behavioral, and social wellbeing of veterans. My previous research which guides my current interest examined: 1) identifying predictors of maternal and paternal sensitivity with an emphasis on parents' emotional responses to infant cues; 2) examining the intergenerational transmission of fathers' parenting practices with an emphasis on identifying factors that contribute to discontinuity.

RESEARCH

2000-2002 Baby Lab- Department of Psychological Science, University of
Vermont
Principal

Infant Behavior and Development, 30, 97-113. (Special section: Emergent family systems).

POSTER PRESENTATION

Lekka, S.K., Crockenberg, S. C., & Burt, K. (April, 2011). *Pathways explaining the development of parenting behaviors in fathers*. Poster presented at the 22nd Biennial Meeting of the Society for Research in Child Development, Montreal, Canada.

Crockenberg, S.C., Leerkes, E.M., Lekka, S.K. (2010, July). *Predicting pre- and post-partum depressive symptoms in fathers*. Poster presented at the 21st Biennial Congress of the International Society for the Study of Behavioral Development, Lusaka, Zambia

Crockenberg, S. C., Leerkes, E. M., & Lekka, S.K. (April, 2005). *Marital conflict and maternal behavior: Predictors of infant emotion regulation*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Atlanta.

FUNDED INTERNAL RESEARCH GRANTS

Research grant from Child and Adolescent Psychology Training and Research, Inc., (2005). Burlington, Vermont, (\$500).

PROFESSIONAL DEVELOPMENT

Spring 2021- Center for Teaching and Learning, University of Vermont

Contemplative practices for Anti- Racists Education

Exhale- Reflecting on 15 months of Pandemic Teaching and Learning

Inclusive curriculum workshop with Dr. Loreto

A Win-Win: Increase Reading Rates and Student Engagement with Perusall

Inclusive Teaching: a faculty panel of lessons learned

Workshop: Planning During a Pandemic: Using Backward Design to Create a More Manageable Semester (for Life and Work)

Summer 2021- Center for Teaching and Learning, University of Vermont

Catamount Core Curriculum: Understanding D2 Pathway with Pablo Bose

Fall 2021

Center for Teaching and Learning, University of Vermont

Catamount Core Common Ground Values Courses: Understanding D1, D2, and Global Citizenship Pathway 1 (GC1) Courses

Time Saving Tips for Responding to Writing with Susan- Marie Harrington

Spring 2022

Writing in the Disciplines Program

Teaching TAP: How's it going? What do you need?

Responding to Final Writing Projects

Summer 2022

Center for Teaching and Learning, University of Vermont

The Power of Transparent Assignment Design

Obtaining IRB Approval to Conduct SoTL Research

Wicked Course Design – A Workshop Series (Session Threeb/MCID 10 903 3.133 (s1 (i)-2 (type /2 (s: (e)4

Rumination, negative life events, and depressive symptoms in a sample of college students.

(Department of Psychological Science, University of Vermont).

Role: Committee member

Samuel Raszka

Spring 2016

Senior Honors Thesis

Exercise Incentives, Barriers, and Habits in Pediatric Psychiatry Outpatients

(Department of Biology, University of Vermont).

Role: Committee Chair

Maddie Portnoy

Spring 2017

Senior Honors Thesis

Examining Children's Cognitions in Response to Interparental Conflict

(Department of Psychological Science, University of Vermont)

Role: Committee member

Colin Price

Spring 2017

Senior Honors Thesis

Tai Chi/Qi Gong in Mental Health Treatment and Prevention: A review of Meta-Analytic Evidence and an Analysis of Evidence Congruence with Training Practices

(Department of Psychological Science, University of Vermont)

Role: Committee member

Sophia Papka

Fall 2017

Senior Honors Thesis

Mothers who are Refugees: An analysis of trauma, social support,0 /P AMCID 20 BDC 0.002 Tuppors of 8..

AWARDS

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